



HOW TO SPEAK TO YOUR TEENS ABOUT PORN PARENT SEMINAR: RESOURCES

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4. Benenson Group. (2021). *Self-Generated Child Sexual Abuse Material: Youth Attitudes and Experiences in 2020*. [https://info.thorn.org/hubfs/Research/SGCSAM_Attitudes&Experiences_YouthMonitoring_FullReport_2021_FINAL%20\(1\).pdf](https://info.thorn.org/hubfs/Research/SGCSAM_Attitudes&Experiences_YouthMonitoring_FullReport_2021_FINAL%20(1).pdf)
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9. Weiss, Robert. (2021, April 26). *Porn-Induced Erectile Dysfunction: Can Porn Impact Male Sexual Performance?* Psychology Today. <https://www.psychologytoday.com/intl/blog/love-and-sex-in-the-digital-age/202104/porn-induced-erectile-dysfunction?msclkid=79ec559fb4ec11ec8e0b83aca920c3da>
10. Fight the New Drug. (2019, January 17). *Discovering the Problem with Porn: Gabe Deem's True Story*. [Video]. YouTube. <https://www.youtube.com/watch?v=v2yhRA9xigl&t=9s>



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Websites

CultureReframed.org (has resources for talking to teens and adolescents)
FightTheNewDrug.org: A Conversation Blueprint for speaking to your teens (<https://fightthenewdrug.org/lets-talk-about-porn/>)
Fortify—to help aid in the recovery from porn addiction (joinfortify.com)
PornHelp.org
YourBrainOnPorn.com
Google Safety Center for Families: <https://safety.google/families/>

Internet-Filtering Software

Covenant Eyes
Net Nanny
Bark
Google SafeSearch

Groups for Porn Addiction

Heart to Heart Counseling (Phone Groups); offers intensives for couples
Mending Hearts Counseling; HEART Groups (**H**elping **E**mpower **A**nd **R**eclaim **T**rust)
PureDesire.org (Christian-based Groups for Sex Addiction and Betrayal)
SAA-Recovery.org
SAnon.org

Podcasts

Betrayal Trauma Recovery
Helping Couples Heal
Healing with Worth
PureDesire
Porn, Betrayal, Sex and the Experts
Restoring the Soul with Michael John Cusick

Books

30 Days of Sex Talks for Ages 8-11: Empowering Your Child With Knowledge of Sexual Intimacy by Educate and Empower Kids
Good Pictures, Bad Pictures: Porn-Proofing Today's Young Kids by Kristen Jensen
Good Pictures, Bad Pictures, Jr: A Simple Plan to Protect Young Minds by Kristen Jensen
Every Young Man's Battle by Stephen Arterburn
Preparing Your Son for Every Man's Battle by Stephen Arterburn and Fred Stoeker
Who Moved the Goalpost? 7 Winning Strategies in Sexual Integrity Gameplan by Bob Gresh
Clean by Douglas Weiss
Courageous Love by Stefanie Carnes
Every Man's Battle by Stephen Arterburn
Healing Wounds of Sexual Addiction by Mark Laasar
Intimate Deception: Healing the Wounds of Sexual Betrayal by Dr. Sherri Keffer
Out of the Shadows by Patrick Carnes
Surfing for God: Discovering the Divine Desire Beneath Sexual Struggle by Michael John Cusick
The Porn Trap by Wendy Maltz
Treating Sexual Addiction by Dr. Kevin Skinner
Treating Trauma from Sexual Betrayal by Dr. Kevin Skinner
Worthy of Her Trust by Stephen Arterburn and Jason Martinkus
Your Brain on Porn by Gary Wilson

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